

Kelly Polanski

Curriculum Vitae

Edmonton, Alberta

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EMPLOYMENT Jungian Analyst, Psychotherapist, and Clinical Counsellor in Private Practice (2007)

PROFESSIONAL AFFILIATIONS

Member of the International Association of Analytical Psychology

Member of Accredited Analysts of CG Jung Institute Zurich

B.C. Association of Clinical Counsellors

Former Founding Member, Jung Forum Association of Edmonton

Former Marion Woodman Foundation Body - Soul Rhythm Intensive Study

PUBLICATION "Infant Trauma in Adults: A Jungian Selving Transformation" 2025, Routledge

TEACHING

Lectures, Workshops, and Courses:

Selving: Infant Trauma in Adult Individuation

C. G. Jung Institute, Küsnacht, Switzerland

Finding the Spiritus Vitae Lost in First Year Trauma of the Adult

XXIII International Congress of Analytical Psychology, Zurich, Switzerland

Unconsciously Directed Self Formulation

Calgary Jung Society, Calgary, Alberta

Earliest Pre-Ego Trauma

The Ânima Instituto, São Paulo, Brazil

Spontaneous Painting from the Unconscious

Private Practice Painting Studio

Jungian Book Study Groups

Private Practice

Finding Your Way in The Second Half of Life

U of A Liberal Studies, Edmonton

Professional Association of Engineers of Alberta, Edmonton

Grant MacEwan College, Edmonton

Field of Dreams

U of A Liberal Studies, Edmonton

Discovering Your "Secret"; Your Pathway to the Self Within

U of A Liberal Studies, Edmonton

Introduction to C. G. Jung's Depth Psychology

St. Stephen's College, University of Alberta, Edmonton
Grant McEwan College, Edmonton

How can "Inner Disarmament" Create Peace?

Edmonton Jung Forum, Edmonton
Robertson Wesley United Church, Edmonton
Strathcona Library, Sherwood Park
St. Stephen's College, University of Alberta, Edmonton

Jung; The Man, His Work, His Life

Edmonton Jung Forum, Edmonton

The Black Madonna; Space for the Uncontained God

U of A Liberal Studies, Faculty of Extension, Edmonton
St. Stephen's College, University of Alberta, Edmonton

EDUCATION**Training Analyst, C. G. Jung Institute, Küsnacht, Switzerland**

Symbol Paper 1: The Black Madonna
Symbol Paper 2: The Golem of Prague
Doctoral Thesis: The Primary Complex: Vertical Integration of Dissociability

C. G. Jung Institute of Colorado, Denver, Colorado**Masters in Psychotherapy, St. Stephen's College, University of Alberta**

Master's Thesis: Images as Mirrors of the Soul

Bachelor of Commerce & Business, University of Alberta**BUSINESS EMPLOYMENT**

Success By 6, United Way Children's Initiative

Marketing Consultant

Account Executive, Palmer Jarvis Advertising

Promotion Director, CHQT Broadcasting

Graphic Designer, Freelance

Marketing Coordinator, Much Music/City TV

Aerobics Instructor, U of Alberta Athletics Department